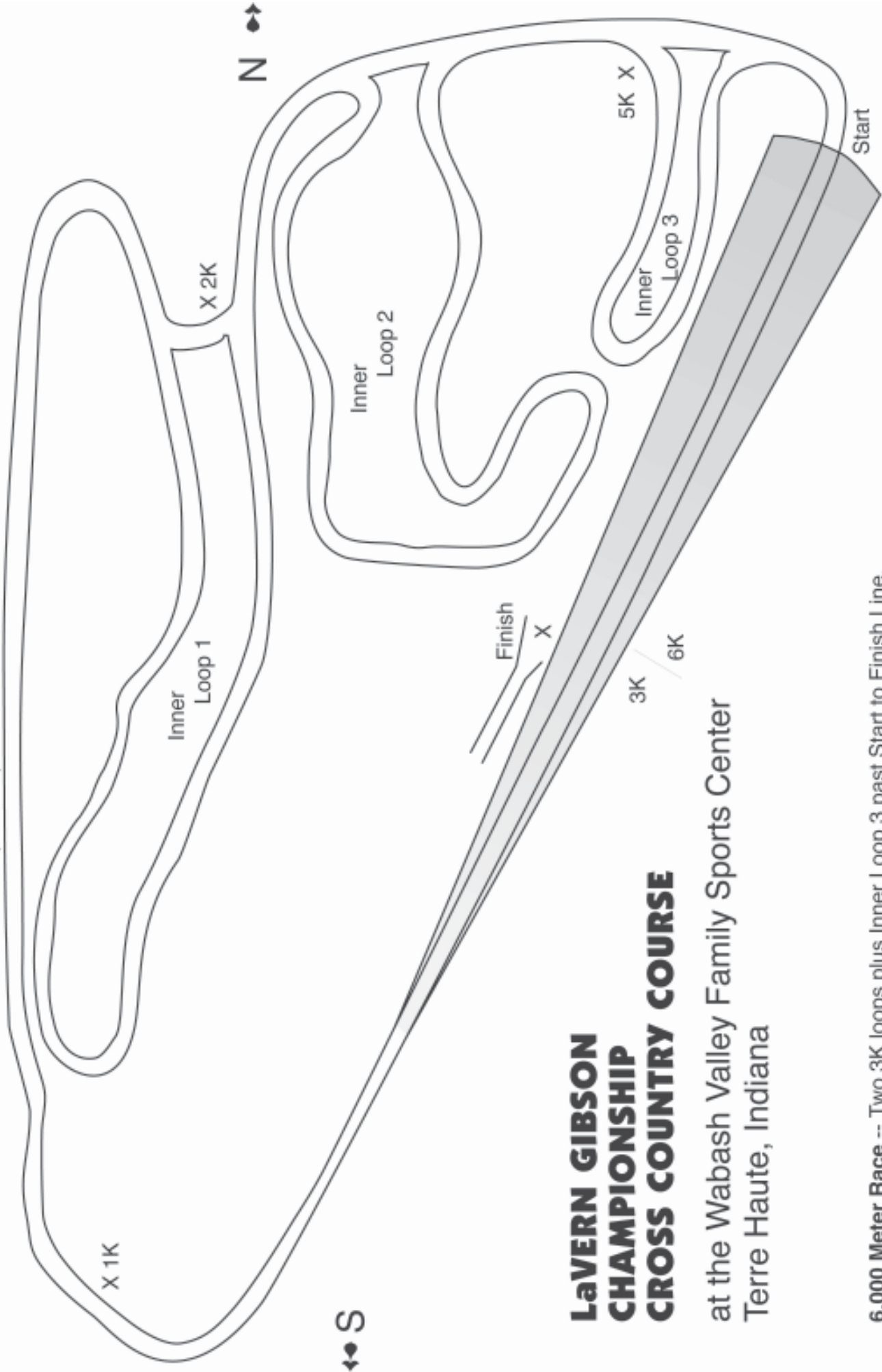




X 4K (6K race)



**LaVERN GIBSON  
CHAMPIONSHIP  
CROSS COUNTRY COURSE**

at the Wabash Valley Family Sports Center  
Terre Haute, Indiana

6,000 Meter Race -- Two 3K loops plus Inner Loop 3 past Start to Finish Line.



↕ W

X 6K

X 7K

X 1K

X 2K

Inner Loop 1

N ↗

X 3K

Inner Loop 2

8K X

X 4K

Finish X

5K / 10K

9K X

Inner Loop 3

Start

↔ S

↕ E

**LaVERN GIBSON  
CHAMPIONSHIP  
CROSS COUNTRY COURSE**  
at the Wabash Valley Family Sports Center  
Terre Haute, Indiana

**10,000 Meter Race** -- Two 5K loops (Start to Inner Loop 1 to Inner Loop 2 to Finish Line)  
plus Inner Loop 3 past Start to Finish Line.