



INDIANA STATE UNIVERSITY

Athletics Media Relations

Media Information for 2004 NCAA Division I Men's and Women's Cross Country Championships

If you have any questions, please contact Jason Yaman of the Indiana State athletic media relations department at (812) 237-4060 or via e-mail at: athjason@isugw.indstate.edu

Website

www.ncaasports.com is the official website for the 2004 NCAA Division I Men's and Women's Cross Country Championships. On the website you will find links to: Course Maps, Ticket Information, Parking, Lodging/Dining/Entertainment, Directions to Course, Meet Entrants and following the event, the official results of the meet.

Credential Requests

Please direct **all** credential requests for the 2004 Pre-NCAA meet (Oct. 16) or the 2004 NCAA Division I Cross Country Championships (Nov. 22) to Jason Yaman. Credentials are mailed when possible. If time does not permit, credentials will be held at the course. If requesting credentials for the 2004 Pre-NCAA meet (Oct. 26) or the 2002 NCAA Division I Cross Country Championships (Nov. 22), all requests must be on letterhead and either faxed (812) 237-4157 or mailed to the ISU media relations office. Photo credentials are handled in an identical manner, just indicate it as such on correspondence.

How to obtain results?

- Via the internet - **www.ncaasports.com** - is where results can be found following the completion of each race
- At the meet - members of the media and coaching staffs may pick up results following each race with a results card obtained in their team packet or with a display of their credentials at the results distribution center located outside the press room

Press Conferences

• **Pre-Race:** A pre-race press conference with selected coaches and student-athletes will be held at the Holiday Inn on Sunday, November 21, at 1:00 p.m. A member of the Indiana State athletic media relations office will contact selected universities to participate in the pre-meet press conference.

• **Post-Race:** A post-race press conference with the top three individuals and head coaches of the top two teams will be held following the conclusion of the respective races. Media members will not be allowed to access to the athletes during the 10-minute cooling off period. At the end of the period, members of the Indiana State athletic media relations staff will escort the interviewees to the media tent, near the race-finish line. Copies of coach and athlete quotes will be available in the press room.

Photography

There will be a photo box on the finish line area and the start line. Photographers are expected to stay inside the roped off area and must show credentials to gain admittance. You are allowed to shoot the runners on the course, but do NOT interfere with the participants directly or indirectly.

Press Materials

Please forward credential requests, press guides, notes or other materials for the event to:

Jason Yaman
Indiana State University
Student Services Building
Room A-15
Terre Haute, IN 47809

Television

Should there be television, this will require the cooperation of coaches and student-athletes to make this the best possible telecast. With this in mind, we remind coaches and student-athletes that all appropriate NCAA regulations regarding participation in post-event press conferences and other regulations regarding apparel will apply.



Indiana State University

Athletic Training Services

Athletic Training Services at the NCAA Championship Meet

The Athletic Training Staff at Indiana State University would like to welcome you to the 2004 NCAA Division I Championship Cross Country Meet held in Terre Haute, Indiana, on November 22, 2004. It is our hope that your team's stay in Terre Haute will be safe and enjoyable.

At the LaVern-Gibson Cross Country Course, there will be a medical tent, staffed and equipped for your medical needs. The medical tent will be located adjacent to the main straightaway and will have water, treatment ice, basic modalities, treatment tables, and first aid supplies. Additional water will be available at the start line. Members of our Athletic Training Staff will be at the course during practice and two hours prior to the competition. An ALS ambulance will be in attendance for the meet. Our main Athletic Training facility is located in the ISU Arena, Room B-17 and will be available by prior arrangement. However, this facility is approximately a 15-20 minute drive from the course.

The following will be provided on site at the LaVern-Gibson Cross Country Course:

- Nationally Certified/Indiana Licensed Athletic Trainers
- Athletic Training Students
- ALS Ambulance
- Water
- Ice
- Therapeutic modalities
- Basic first aid supplies
- Team physician

Below is a list of contact information to assist you in caring for your athletes.

- Amy Reinhart, LAT, ATC – Assistant Athletic Trainer(812) 237-4496 Office
..... (812) 208-2324 Nextel
- Paul Plummer, LAT, ATC – Head Athletic Trainer(812) 237-4067 Office
..... (812) 208-2318 Nextel
- Tom Klootwyk, MD – Team Orthopaedist(317) 817-1243 Office
- Jon Stockrahm, DO – Primary Care Team Physician(812) 235-7252 Office
- Terre Haute Ambulance, Fire, & Police 911
- Indiana State University Police(812) 237-5555
- Student Health Center(812) 237-3883
- Union Hospital.....(812) 238-7000
- Terre Haute Regional Hospital.....(812) 232-0021

Please contact us if we can be of any assistance to you and your team. We look forward to meeting you at the *NCAA Division I Championship Cross Country Meet*.

*Credentials for athletic trainers can be obtained at the Athletic Training medical tent at the course on Saturday, November 20 from 9 a.m.-5 p.m. and Sunday, November 21 from 9 a.m.-6 p.m.