

Indiana State University

Psychology Clinic

450 North Seventh Street
Terre Haute, Indiana 47809
(812) 237-3317



Indiana State
University

More. From day one.



The Psychology Clinic

The Indiana State University Psychology Clinic provides psychological services to individuals, families, groups, and organizations in Terre Haute and the surrounding communities. A wide variety of services is available, including individual and group psychotherapy, marital and family therapy, and therapy designed specifically for children, as well as psychological assessment and consultation. The clinic also serves as a training facility for doctoral-level students in the Clinical Psychology Program at Indiana State University.

What is Psychological Assessment?

Psychological assessments consist of questionnaires and interviews used to gather information about an individual in order to look at strengths, weaknesses, and problem areas. Psychological assessments help the psychologist develop the best treatment plan for clients. Psychological assessments available at the clinic include:

- Intelligence and academic achievement
- Personality
- Marital
- Behavioral
- Neuropsychological

What is Clinical Consultation?

The Indiana State University Psychology Clinic works directly with physicians, other health care providers, the school system, the courts and other institutions, and social service agencies in order to provide the best care for clients.

Psychological Assessment of Child Attention Deficit Hyperactivity Disorder

The Indiana State University Psychology Clinic offers a specialty clinic for the diagnosis of children experiencing problems with attention and/or hyperactivity. Services provided by the ADHD Evaluation Clinic include:

- State-of-the-art assessment procedures
- The expertise of Indiana State University psychologists with experience in working with children with ADHD and related problems
- Time efficient evaluation—total testing time is generally two to two-and-a-half hours
- Feedback given to parents and referral source within three weeks

The clinic operates on a sliding fee schedule dependent on income and family size.

When is Therapy Helpful?

Therapy is useful in a variety of situations. People sometimes have difficulty coping with life's daily problems. They might feel overwhelmed by a situation or feel there is too much stress in their life. Perhaps there is a great deal of pain from some source of emotional distress. Sometimes people seek therapy to help them grow and realize more of their potential.

Typical problems that bring individuals to the clinic include:

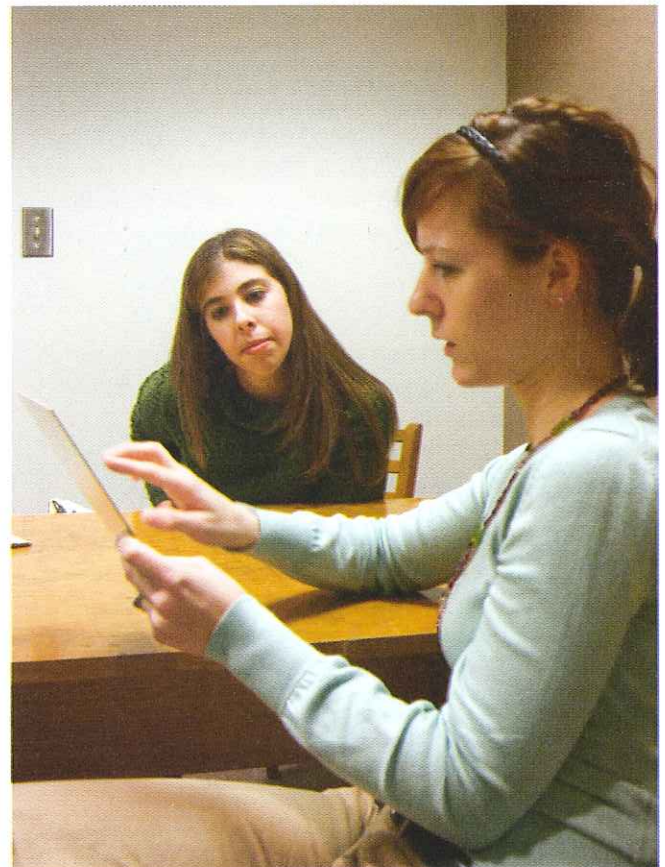
- Loneliness or depression
- Feelings of stress or anxiety
- Fears or worries
- Low self-esteem
- Confusion over divorce
- Concerns over aging
- Relationship problems with spouse, children, co-workers, or friends
- Sexual difficulties or conflicts
- Parent-child conflicts
- Concerns of adolescence
- Violence in the home
- Marital difficulties
- School problems/evaluations
- Overwhelming life crises
- Single parenting issues
- Alcohol or drug abuse
- Behavior problems of children

These are just some of the problems that bring people to the clinic. If you are unsure if the clinic can help you, call us at 812-237-3317.

What is Psychotherapy?

Psychotherapy involves dealing with your concerns with the assistance of an individual trained in the treatment of psychological difficulties. At the Indiana State Psychology Clinic, therapists are graduate students enrolled in the doctor of clinical psychology program. These students are closely supervised by licensed clinical psychologists from the University's Department of Psychology faculty.

Clients and therapists meet for a scheduled period of time, typically an hour a week. During this time clients have the opportunity to discuss personal concerns, explore feelings, try to alleviate the sources of distress, and learn to better understand their life situations. Therapists may make suggestions as to activities or strategies the client can work on between sessions.





How Do I Get Services?

Many clients are recommended to the clinic by doctors, clergy, teachers, or others who have found the services offered helpful. However, referral from an outside source is not necessary; you may call the clinic yourself and arrange an appointment at a convenient time. An attempt will be made to schedule first appointments within two days of a request.

How Much Will It Cost?

The clinic is a not-for-profit service and training facility. Fees are determined on the basis of a client's ability to pay, as calculated by income and number of dependents. Hourly fees range from \$5.00 to \$50.00 per hour; however, it is the policy of the clinic that no one will be denied services because of an inability to pay the fee.

Clinic Hours

The clinic is open four days a week, Monday through Thursday, with evening appointments available for the convenience of clients.

Will My Visits Be Confidential?

It is the policy of the Psychology Clinic, in adherence with the American Psychological Association's Code of Ethics, to maintain confidentiality of its clients. Information provided to the clinic and its therapists will not be shared with others without your consent. We invite you to discuss the extent of this confidentiality with your therapist.

Location and Facilities

The Psychology Clinic is located at 450 North Seventh Street in Root Hall on the Indiana State University campus. The clinic has a comfortable reception area, numerous individual therapy rooms, a group room, and a play therapy room. Parking facilities for the clinic are available adjacent to the entrance.

