

Draft Schedule
Friday (Version 1.4) – University Hall

Time	Activity or Presentation
10:00 – 10:30	Registration & Opening Music
10:30 – 11:00	Opening remarks & meditations or music
11:00-12:00	Invited Speaker - Roy Geib, Ph.D. - Alvin S. Levine Professor of Microbiology and Immunology, Indiana University School of Medicine at Terre Haute Moving Meditations: An Approach to Living with Chronic Diseases
12:00-12:30	Breakout Sessions Session 1 - Carolyn Sur, SSND, Ph.D., - Director of Campus Ministry, Saint-Mary-of-the-Woods College – Shibashi Movement Meditation Session 2 - Larry S. Tinnerman, D.Ed., College of Education, Indiana State University – Quigong
12:30- 1:15	Lunch (provided)
1:15-2:15	Invited Speaker - Kevin Ladd, M.Div., Ph.D., Associate Professor of Psychology, Indiana University South Bend Praying Twice: Considering Social and Sonic Contexts of Spiritual Practice
2:20-2:50	Breakout Sessions Session 1 - Tanice Foltz, Ph.D., Associate Professor of Sociology, Indiana University Northwest - Healing through the Drum: A new look at an ancient spiritual technology Session 2 - George Wolfe, MM., Ed.D., Professor of Music, Ball State University; Coordinator of Outreach Programs, Ball State University Center for Peace and Conflict Studies.- Aesthetic and Mantric Components of Gandharva Music and their Role in Entering the Fourth State of Consciousness
2:50-3:00	Break
3:00 – 4:00	Breakout Sessions Session 1 - George Wolfe, MM., Ed.D., Professor of Music, Ball State University; Coordinator of Outreach Programs, Ball State University Center for Peace and Conflict Studies.- Experiential Presentation on Gandharva Meditation Session 2 – Tracy Richardson, M.S., MT-BC, Director, Masters of Arts in Music Therapy Program, Associate Professor, Saint-Mary-of-the-Woods College – Embracing the Power of Music
4:10 – 5:10	Breakout Sessions Session 1 - Prof. Dr. Christoffer H. Grundmann, John R. Eckrich University Professor in Religion and the Healing Arts, Valparaiso University - Musica Therapeutica - J.S. Bach’s Therapeutical Compositions Session 2 - Brother Barry Donaghue, Ph.D. - Director - Providence Center, Saint Mary of the Woods, Indiana – Walking the Labyrinth
5:20 – 6:20	Breakout Sessions Session 1 - Jay White, DMA, Assistant Professor of Music, DePauw University - Taoist Tai Chi™ Internal Arts of Health: A Demonstration and Discussion of the Taoist Tai Chi™ Form and its Benefits for Performers Session 2 - Jean Kristeller, Ph.D. - Professor of Psychology, Co-Director - Center for the Study of Health, Religion, & Spirituality, ISU — Rhythms and Meditation: The Role of Repetition in Contemplative Practices
6:30 - 7:30	Dinner (provided)
7:30 – 8:45	KEYNOTE SPEAKER - James S. Gordon, M.D., Founder & Director, Center for Mind Body Medicine, Washington, DC; Dean, College of Mind Body Medicine, Saybrook Graduate School, San Francisco, CA; Clinical Professor, Depts. of Psychiatry & Family Medicine, Georgetown University School of Medicine. Author of <i>Unstuck: Your Guide to the Seven Step journey out of Depression</i> , and <i>Holistic Medicine</i> . Mind-Body Medicine and Your Health.

Saturday (Version 1.4) - Landsbaum Center for Health Education

Time	Activity or Presentation
8:00 – 8:30	Registration, Continental Breakfast (provided), & music
8:30 – 9:00	Opening remarks & meditations
9:00 – 10:15	KEYNOTE SPEAKER - John M. Ortiz, Ph.D., Director and founder of The Institute of Applied Psychomusicology; Author of <i>The Tao of Music: Sound Psychology</i> and <i>Nurturing Your Child With Music</i> . Universal Rhythms: Drones, Pulses and Transcultural Entrainment for Meditation, Contemplation, and Spiritual Animation.
10:15 – 10:30	Break
10:30 – 11:30	Invited Speaker - Kevin W Chen, Ph.D. M.P.H., Associate Professor of Integrative Medicine, University of Maryland Medical School. Managing Addiction Symptoms with Meditative Therapy -- Examination of Evidence and Clinical Applications
11:30 – 12:30	Invited Speaker - Julian Thayer, Ph.D., The Ohio Eminent Scholar Professor in Health Psychology, Ohio State University. Music and Emotions: The Science of Mind and Body
12:30 – 1:00	Lunch (provided) & music
1:00 – 2:00	Invited Speaker - Peter Janata, Ph.D., Associate Professor, Department of Psychology & Center for Mind and Brain, University of California at Davis. Music, Spirituality, and the Brain
2:10 – 3:10	Breakout Sessions Session 1 <ul style="list-style-type: none"> • Nancy A. Jackson, Ph.D., MT-BC, Director of Music Therapy, Indiana University - Purdue University Fort Wayne - Exploring Therapist Response to Clients in Music Therapy: Music Relationship as the Vehicle for Healing • Chandra Reddy, M.D., The Hope Center, Terre Haute, IN - Soular Journey Session 2 <ul style="list-style-type: none"> • Elham (Ellie) Zarrabian, M.A., Ph.D. Candidate, Saybrook Graduate School & Research Center; - Adjunct Faculty, Santa Monica City College - Sama': Deepening the experience of the Divine Through Sufi Music, Dance, Poetry, and Chant
3:10 – 3:20	Break
3:20 – 4:20	Breakout Sessions Session 1 <ul style="list-style-type: none"> • Rachele Palnick Tsachor, CMA, RSMT, Teacher of the Alexander Technique, Adjunct Assistant Professor of Movement, School of Music, Division of the Performing Arts, The University of Iowa - Rhythms of Change: Laban Movement Studies and Wellness Session 2 <ul style="list-style-type: none"> • George Wolfe, MM., Ed.D., Professor of Music, Ball State University; Coordinator of Outreach Programs, Ball State University Center for Peace and Conflict Studies.- Experiential Presentation on Gandharva Meditation Session 3 <ul style="list-style-type: none"> • Tom Johnson, Ph.D. - Professor of Psychology, Co-Director - Center for the Study of Health, Religion, & Spirituality, ISU - Forms and Functions of Sacred Music
4:30 – 5:15	Breakout Sessions Session 1 <ul style="list-style-type: none"> • Rachele Palnick Tsachor, CMA, RSMT, Teacher of the Alexander Technique, Adjunct Assistant Professor of Movement, School of Music, Division of the Performing Arts, The University of Iowa - Clinical Case Studies from a Somatic Movement Education and Therapy Practice Session 2 <ul style="list-style-type: none"> • Carolyn Sur, SSND, Ph.D., - Director of Campus Ministry, Saint-Mary-of-the-Woods College – Shibashi Movement Meditation Session 3 <ul style="list-style-type: none"> • Susan Rose, M.A., Shanti Center, Terre Haute, IN - Meditative Yoga
5:15 – 6:00	Reception
Evening	Dinner on your own – a list of local restaurants, as well as cultural and musical events for the evening, will be provided to participants. Additional conference related events, such as a drum circle or musical performances, may also be available.

Sunday Workshops (Version 1.4) – Landsbaum Center for Health Education

Time	Activity or Presentation
8:30 – 9:00	Registration, Continental Breakfast (provided), & music
9:00 – 11:00	<p>James S. Gordon, M.D., Founder & Director, Center for Mind Body Medicine, Washington, DC; Dean, College of Mind Body Medicine, Saybrook Graduate School, San Francisco, CA; Clinical Professor, Depts. Of Psychiatry & Family Medicine, Georgetown University School of Medicine. Author of <i>Unstuck: Your Guide to the Seven Step Journey out of Depression</i>, and <i>Holistic Medicine</i>.</p> <p>Trauma and Transformation</p> <p>A clinical workshop on holistic approaches (including movement, breathing, and music) to working with stress and trauma.</p>
11:00 – 11:30	Brunch
11:30 – 1:30	<p>John M. Ortiz, Ph.D., Director and founder of The Institute of Applied Psychomusicology and the Asperger’s Institute; Author of <i>The Tao of Music: Sound Psychology</i> and <i>Nurturing Your Child With Music</i>.</p> <p>Music and Sound as Tools for Trance Induction.</p> <p>A clinical workshop on using music and sound to facilitate contemplative practice, mindfulness, and self-hypnosis.</p>
1:30 – 1:45	Lunch
1:45 – 3:00	<p>Sara K. Schneider, Ph.D., Director, Center for Bodylore and Learning, Chicago; Assistant Professor, Interdisciplinary Studies, National-Louis University; Author of <i>Art of Darkness: Ingenious Performances by Undercover Operators, Con Men, and Others</i>, and <i>Concert Song as Seen: Kinesthetic Aspects of Musical Interpretation</i>.</p> <p>The Medieval Dance of Death: Reconstructions, Riffs, and Healing Play on a <i>Memento Mori</i></p> <p>A clinical workshop on using light movement and personal writing to help clients (and ourselves) come to terms with death.</p>