

# 2012 Spring Schedule/ RECREATIONAL SPORTS

Effective Jan. 9, 2012

## SRC Building Hours

M-F 6AM-11PM  
 Sat 9AM- 9PM  
 Sun 12PM- 11PM

## SRC Pool

M-W-F 6-8AM  
 M-F 11AM-10PM  
 Sat 9AM- 8PM  
 Sun 12PM- 10PM

## HHS/Arena

Mon-Fri. 4-9PM  
 Sat. 9AM- Noon  
 Sun. 6-9PM

**Arena Pool - M-F 11AM-1:00PM (lap swim only)**

### Group X Classes

Effective: Mon. January 9, 2012

Time	Mon	Tue	Wed	Thurs	Fri	Sat
6:00AM	Cycle	Cycle	Cycle	Cycle		
9:00AM						Body Pump Zumba
10:15AM						Yoga
11:00AM	Senior Splash		Senior Splash		Senior Splash	
12:00PM	Cycle	Yoga	Cycle	Yoga	Cycle	
<b>4:30PM</b> <b>5:00PM</b> <b>5:30PM</b> ** Arena Dungeon		Survival II	Survival II	Survival II		
5:15PM	Body Pump Hip Hop	Cycle Zumba Grappling	Body Pump Cycle Yoga	Zumba Grappling	Step Zumba	
6:30PM	Cycle Zumba Pilates	Body Pump	Survival I Zumba	Cycle Body Pump		
7:45PM	ABSolutely	Zumba Yoga	ABSolutely	Yoga		

\*\* Survival II class takes place in the HHP Building/Arena Dungeon